

# SEPTEMBER 2018 NEWSLETTER

## GENEVA SENIOR CENTER

We are delighted to serve our Seniors here at the center with happy hearts and joyful hands, and we always look forward to having your guests join us for coffee in the mornings or dinner at noon on any given day. Let us know by 9:30 am if you and your guest (s) will be joining us and we will gladly set a place for you all :)

{Cost of meals for guests UNDER 60 is \$6.80}

COFFEE & CONVERSATION	8:30 AM Monday through Friday
NOON MEAL	12:00 PM Monday through Friday
<u>FIT FOR LIFE</u> EXERCISE CLASS	8:15-9:00 AM Monday & Wednesday Downtown Gym
	8:30 AM Fitness Center
Blood Pressure Clinic	11:30 (before dinner) September 19th
Birthday/Anniversary Dinner	12:00 noon September 19th Wednesday
Talk of the Town	9:30-10:00 am September 28th
Join us for Fresh Baked Cinnamon Rolls and up-to-date information about our great city	

The Center will be closed on September 3, Labor Day

Home delivered meals will be available from the hospital . Let Victoria know if you want one.

*What a wonderful turn out at the Geneva Senior Center Ice Cream Social. This event was held to help fund the Geneva Community Center. There are so many volunteers that make this possible. I cannot even begin to mention everyone, so just "Thank You!" so much.*

*Victoria*

**We raised for the Community Center**  
**\$9502.00**

1120 F STREET PO BOX 409 GENEVA, NEBRASKA 68361 (402) 759-4921



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genevaseniorcenter@gmail.com

# SEPTEMBER 2018 MEAL MENU

**Please Call 759-4921 by 9:30 AM for Reservation**

MILK IS SERVED EACH DAY WITH HOME DELIVERED MEALS.	HOME DELIVERED MEALS ARE DELIVERED BETWEEN 11:30-12:00 SEVEN DAYS A WEEK.	COFFEE, TEA, WATER, AND MILK ARE SERVED EACH DAY IN THE DINING ROOM.	COME ENJOY GOOD FOOD AND FRIENDLY FELLOWSHIP 😊	SALAD BAR IS READY @ 11:30 EACH DAY. HOT MEAL IS SERVED @ NOON IN DINING ROOM
3 CLOSED <i>HAPPY LABOR DAY</i>	4 RUNZA CASSEROLE TOSS SALAD FRUIT  PINK FLAMINGO CAKE	5 CHICKEN STRIPS FRENCH FRIES PEAS FRUIT	6 MEATBALLS & GRAVY OVER MASHED POTATOES CARROTS FRUIT  HOMEMADE FRIED ICE CREAM	7 TILAPIA ROSEMARY RED SKINS CORN NUGGETS FRUIT
10 TATER TOT CASSEROLE GALIC BREAD MIXED VEG. FRUIT	11 GOLDEN CHICKEN BREAST OVER RICE CAL. BLEND VEG. FRUIT  LEMON BARS	12 BAKED POTATO BAR  SALAD BAR  CHOCOLATE CREAM PIE	13 LASAGNA GARLIC BREAD TOSS SALAD FRUIT	14 BEER BATTER COD TATER TOTS CORN FRUIT
17 HAM & SCALLOPED POTATOES CASSEROLE GREEN BEANS BREAD STICK FRUIT	18 MILLION DOLLAR SPAGHETTI MIXED VEG. GARLIC BREAD FRUIT  BANANA DELIGHT	19 OVEN FRIED CHICKEN MASHED POTATOES AND GRAVY GLAZED CARROTS FRUIT FRESH BAKED CHERRY PIE TOPPED W/VANILLA ICE CREAM BIRTHDAY/ANNIVERSARY DINNER	20 CASEY'S PIZZA TOSS SALAD BREAD STICK FRUIT  BROWNIES	21 TUNA SALAD ON CROISSANT FRENCH FRIES PEA SALAD FRUIT
24 BEEF ENCHILLADAS W/LETTUCE, TOMATO, CHEESE CORN FRUIT	25 CHICKEN FRIED STEAK MASHED POTATOES AND GRAVY CORN FRUIT  RICE KRISPY BARS	26 HAM STEAK MASHED SWEET POTATOES PEAS FRUIT	27 TACO BAR  NACHO BAR  SALAD BAR  MINI TWIST CONE	28 FISH SANDWICH TRIANGLE POTATOES CORN NUGGETS FRUIT

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## FIT FOR LIFE — MARY STONER IS BACK

A new session of Fit for Life will begin on Monday, Sept. 10.

PLACE: Downtown Gym

TIME: 8:15 a.m. to 9:00 a.m.

Days: Monday & Wednesdays

Fridays at the Wellness Center—8:30 a.m.

Suggested Contribution of \$15.00 for Seniors 60 and older.

\$15.00 fee for those under 60

New people may come and “check out the program” at no cost for the month of September.

## TRY IT YOU’LL LIKE IT !!!

### NOTICE: EMERGENCY ALERTS

If you previously signed up for “Code Red Alerts” longer than 2 year ago, there is a new system called Alert Sense. You must sign up for this.

To sign up for these alerts and notifications, please go to:

<http://fillmorecounty.org>. Or you can also download the free AlertSense mobile app for Android & Apple devices, or easier still text your zip code to [37826](tel:37826).

AlertSense allows Fillmore County to send:

Emergency Alerts

Severe Weather Warnings

Community Notifications such as gas leaks, utility outage and updates, water boil advisories, missing person.

Emergency alerts will come from:

[877-957-9563](tel:877-957-9563)

Call this number to hear the most recent alert

Need help signing up? Email: [help@alertsense.com](mailto:help@alertsense.com) or call Emergency Management at: [402-759-4932](tel:402-759-4932).

All residents and businesses are urged to sign up today. Maybe you are not sure if you have signed up. If so, just call Emergency

Management at [402-759-4932](tel:402-759-4932) and we can check it out.

Registration is especially important for those who use a cell phone or VoIP phone as

their primary number, have an unlisted number, or who



## ANNIVERSARIES

September 4th

Dewayne & Beverly Elting

September 15th

Bob & Gerry Robinson



## BIRTHDAYS

Sandy Lefever	1st
Theresa Nadherny	6th
Victoria Verhage	6th
Donald Epperson	7th
Bob Higel	7th
Kay Miller	8th
Jane Stratman	9th
Bob Ackland	12th
Phyllis Real	13th
Ruth Swanson	15th
Ken Ebbeka	15th
Eugene Ulmer	17th
Dawne Hedden	18th
Darlene Janing	19th
Kelly Stroh	22nd
Keith Andrews	26th
Dick Kohler	26th
Margaret Nichols	27th
Janet Bartak	28th
Susan Kerl	28th
Bob Robinson	30th

## HUNGER GAMES

Winner of August Question

Ramona Andrews

Answer:

Ship, race car, shoe, hat, wheel barrow, thimble, dog, cat

## AUGUST QUESTION

Name the Nebraska coaches since Bill

Elliotte.

## Fillmore County Public Transit

759-3345

[bsherwin@bvca.net](mailto:bsherwin@bvca.net)

SEPTEMBER 2018

Office is closed September 3rd

### GENEVA

10,17,24,

### LINCOLN

4,13,20,25

### HASTINGS

6

### GRAND ISLAND

18

### YORK



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Geneva City Web Site  
Geneva.org



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